



# Marriage Isn't For Sissies: 7 Simple Keys To Unlocking The Best Part Of Your Life!

*Dr. Beth Erickson*

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After over three decades experience as a marriage and family therapist, Dr. Beth Erickson finally distills her observations and conclusions into a book discussing the 7 Keys couples need to master in order to have a happy and fulfilling marriage. She illustrates her points by telling stories from her clients' lives and her own. Her breadth of experience, personally and professionally, shines through every page. Dr. Beth takes couples' worst enemies and shows readers how to combat them. She engages the reader in a dialogue with her throughout, as if they were sitting in her living room. She urges readers to have qualitatively different conversations with their spouse and with themselves, and she shows them how. Marriage isn't for Sissies is therapy, support group, coaching, and skills training in a book.

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