



Healing Images: The Role of Imagination in Health (Imagery and Human Development Series)

Anees Ahmad Sheikh

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"Healing Images: The Role of Imagination in Health" details the function and capacity of imagination in health. This work consists of 22 chapters and discusses theory, research, and clinical applications. Presented is a brief history of the use of imagery for healing in both Eastern and Western traditions, a review of research that deals with the physiological consequences of imagery and related approaches, and an explanation of how images lead to such bodily changes. "Healing Images" covers the latest theory and research on the relationship between imagery, cerebral laterality, and healing. An attempt is also made to integrate modern systems theory with concepts of information and energy, which disclose the role of imagery and love in health. Imagery and music in health are also discussed.

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