



# The Art of Quitting: When Enough is Enough

*Evan Harris*

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## **The Art of Quitting: When Enough is Enough** Evan Harris

Here's important food for thought for men and women who are bored with their job, are in a tired relationship, or who simply feel overdue for an interlude of personal freedom. Mixing humor, cracker-barrel philosophy, and good common sense, author Evan Harris offers realistic advice by describing more than 20 techniques designed to get her readers out of virtually any nasty situation. They include offering one's antagonist a calm, reasonable argument, or going to the opposite extreme and making a scene. Maybe most satisfying of all is a technique she calls achieving, then vanishing. She also advises on recognizing signs that the time to quit has come. For instance, if you dream about quitting a job where you're underappreciated, it's time to quit. Or if that once-special person in your life cannot understand your feelings, it's time to break off the relationship. Quoting comedian W. C. Fields, Evan Harris reminds her readers: "If at first you don't succeed, try again. Then quit. No use being a damn fool about it."

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