



# **Magical Multiple Moments: Parents of Multiples Share Stories and Advice on Raising Happy, Healthy Twins, Triplets, Quads, and More!**

*Julie Gillespie*

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Have you ever wondered what it would be like to have triplets? Do you wonder how parents of multiple manage their lives? **MAGICAL MULTIPLE MOMENTS** will answer specific questions such as, "How big should I expect a belly for three to get?" or "How much help will I need to keep everything together?"

Julie Gillespie shares stories and bits of advice she collected on her website [Triplettales.net](http://Triplettales.net) from 250 moms and dads she either interviewed or surveyed. Over a five-year period she posted blogs and received feedback from other parents creating a well-rounded, candid picture of life with three or more kids at a time.

Interwoven in the chapters are interviews from experts in such fields as sleep training, psychiatry, and exercise. Statistics created from the surveys answer questions Julie couldn't find in any of the literature on multiples such as "Is it common to separate children in school or keep them together?" As her children grew she chronicled each developmental phase. This book reflects her thoughts as well as those of the many other parents she interviewed. Have you ever wondered what it would be like to have triplets? Do you wonder how parents of multiple manage their lives? **MAGICAL MULTIPLE MOMENTS** will answer specific questions such as, "How big should I expect a belly for three to get?" or "How much help will I need to keep everything together?"

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## ADVANCE REVIEWS

"If you're expecting or are already parenting multiples, *Magical Multiple Moments* is one terrific source you can count on." -- Kathy Sena, [parenttalktoday.com](http://parenttalktoday.com)

"A detailed and very personal look into a world so few get to experience first-hand. It's also a wonderful reminder of the support and guidance parents of multiples can get by turning to each other and sharing their stories." -- Debbie Bangor, President, Austin Mothers of Multiples, a chapter club of the National Organization of Mothers of Twins Clubs

"Excellent, witty and informative! A fast-read for parents without a lot of time." -- Nicole Lieban, Attorney

"A thoughtful look at the confusing start every triplet family has. The perfect guide for answering those endless questions and more importantly, help to actually believe that you can indeed birth and raise triplets!" -- Donna Cicero, Mother of triplets

"I wish I had had this book when I was pregnant with my triplets! It's full of very down-to-earth, practical advice all parent's of multiples and expectant parents of multiples need." -- Caitlin Cassin, Mother triplets

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**Regina Winger:**

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