



Love and Attachment: Contemporary Issues and Treatment Considerations

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This book focuses on the most basic of human interactions _ love and attachment in all of their permutations and the barriers that exist to achieving closeness. The specific topics addressed include gender, class, race, and ethnicity. All these demonstrate the complexity of relationships in contemporary life. This work reflects the growing body of knowledge of developmental theory and attachment research. The rich confluence of psychodynamic understanding and attachment studies is synthesized with techniques for working with specific populations. Collectively, the authors present a comprehensive understanding of love in all of its current configurations: internal and interpersonal problems in adult life, dysfunctional attachments, and intimacy in the treatment relationship. It will help therapists hone their clinical skills to promote their clients' growth, love, and attachment.

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