



# Lose Weight! Get Laid! Find God!: The All-in-One Life Planner

*Benrik*

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**Lose Weight! Get Laid! Find God!: The All-in-One Life Planner** Benrik

**From the bestselling authors of *This Book Will Change Your Life* comes an all-in-one life planner!**

Life is short, so why not make the most of it by planning ahead? *Lose Weight! Get Laid! Find God!* is a guide to all the essential stages of life, one year at a time from 0 to 100, along with full-color tips that will ensure each year of your existence makes an indelible impression:

Age 9: Pester your parents for unaffordable consumer goods

Age 15: Rebel against society

Age 30: Procreate

Age 48: Fight the flab

Age 62: Do prescription drugs

Age 100: Undergo cryogenic freezing

From your birth to your midlife crisis, from losing your virginity to disinherit your grandchildren, this book will tell you how to lead the hysterical life you so richly deserve.

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