



# **Curriculum of the Soul**

Rick Haltermann

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This book is an invitation to consider a new perspective on how to navigate your life. Regardless of age or background, there is a commonality to human experience, from the tools we are all given to help with life's suffering, to the challenges we face. How can one be in the world while staying true to one's higher self? What is the purpose of living a soul life? And can it prepare us for the inevitability of death?

The 150 poems collected within these pages span many ages and cultures, having been selected for their capacity to affirm, to comfort, and perhaps even to advise us in the course of our day-to-day struggles. We live in a world that has been drifting away from the metaphorical as a way to describe and understand the mystery of being alive. Many people define their lives in terms of extremes, the need for survival, or the possibility of success rather than cultivating a love toward one's self so that it can be extended outward to others and the world.

There is no method or program here. What you will find is a general guide to discover your soul's own curriculum. How will you know when you are there? When you are back in your loving. Take a deep breath, sit, read. It's time to consider your soul.



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#### Jonathan Hickman:

Playing with family in the park, coming to see the ocean world or hanging out with good friends is thing that usually you will have done when you have spare time, in that case why you don't try point that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Curriculum of the Soul, you may enjoy both. It is excellent combination right, you still desire to miss it? What kind of hang type is it? Oh occur its mind hangout men. What? Still don't understand it, oh come on its named reading friends.

#### Alva Stephenson:

What is your hobby? Have you heard which question when you got pupils? We believe that that query was given by teacher with their students. Many kinds of hobby, Every individual has different hobby. Therefore you know that little person including reading or as reading become their hobby. You should know that reading is very important and also book as to be the thing. Book is important thing to provide you knowledge, except your own teacher or lecturer. You find good news or update with regards to something by book. Numerous books that can you go onto be your object. One of them is actually Curriculum of the Soul.

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