



# A Life in Balance: Discovery of a Learning Breakthrough

Frank Belgau

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#### PRAISE FOR A LIFE IN BALANCE

As you read his moving story-and the stories of many other inspiring individuals presented in these pages-you will grow, as I did, in excitement and optimism. Tell teachers, tell other adults and professionals, tell the world that there is a too-well-kept secret that can help kids with so-called learning differences become champions.

-Edward M. Hallowell, M.D., ADD/ADHD expert, best selling author, and founder of the Hallowell Centers

I can wholeheartedly recommend this book and its lifesaving content to all parents and professionals interested in bringing hope and significant help to millions of desperate people suffering from learning disabilities.

-Harold N. Levinson, M.D., author of Smart But Feeling Dumb and director of the Levinson Medical Center for Learning Disabilities

A Life in Balance should be read and kept by every parent who has a child that has difficulty in learning to read, to write, and to copy from a book; a child who cannot concentrate for any period of time (ADD/ADHD) or has poor coordination-Dyspraxia.

-Peter Blythe, Ph.D., founder, the Institute for Neuro-Physiological Psychology (INPP), author, and international lecturer



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