



My Mum Needs Me: Helping Children with Ill or Disabled Parents (Penguin health)

Julia Segal, John Simkins

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Disabled people are ordinary people facing a difficult situation. Chronically ill and disabled parents and their children face particular problems and their feelings may need special attention. This self-help guide explores the angers and frustrations that may arise, and uses the words of parents and children to help explain the misunderstandings and fears these families face.

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