



# The Emerging Healer: Adding Insight and Impact to Your Mental Health Work

*Chevonna Gaylor*

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In the Emerging Healer, Chevonna Gaylor, MA, LMFT, models the process of exploring your own personal story to support your growth as a healer. She transparently shares her experiences, hoping you will consider your own.

Ideas for clinical application and a processing question are provided at the end of each chapter, to stimulate your thoughts about the content.

"I honor the work we do," says Chevonna. "When we courageously embark upon a healing journey with a client, we have the potential to transform her life and the lives of generations to follow. We can help break cycles of dysfunction and pain."

(from the back cover)

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