

The Skinny On the Fat: Overweight and Fed-Up

Ms Jeanice M Chandler



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Have you ever felt judged due to your size? Are you sick and tired of the stares, the unsolicited comments and suggestions on how to lose weight? Are you filled with self-judgement? Are you living the life of a food addict? The Skinny on the Fat is a collection of stories regarding the prejudice and judgment experienced by most overweight people. It is funny and sad and hopefully brings us all a little closer to acceptance of each other.

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