



Positive Coaching in a Nutshell

Jim Thompson

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Positive Coaching in a Nutshell is a distilled rendition of the coaching classic *Positive Coaching: Building Character and Self-Esteem through Sports* .

In 86 pages *Positive Coaching in a Nutshell* provides bite-size tips, tools and techniques for youth sports coaches and parents. Anyone concerned with youth sports, education, and character development can learn how to be a positive coach in two hours or less.

See why so many coaches and parents have found Jim Thompson's wisdom of Positive Coaching to be just the information and inspiration they need to help youth athletes gain the most from sports. Sample chapters include: Teachable Moments Through Relentless Positivity, Making the Most of Mistakes, Learning from Losing, Nurturing Outstanding Individual Competitors, Helping Individuals Become a Team.

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