



# Sport Psychology Library: Basketball

*Kevin L. Burke*

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## **Sport Psychology Library: Basketball** Kevin L. Burke

If you've ever watched a champion make that impossible three-point shot in the game's final seconds, you know that the mind game is fundamental in the sport of basketball. Concentration, teamwork, relaxation, confidence, and a sense of fair play are the mental skills that make a great all-around basketball player. Former legendary Louisiana State University basketball coach Dale Brown and highly acclaimed sport psychologist Kevin Burke team up as co-authors to provide readers with proven sport psychology techniques to assist players, coaches, and parents in a player's development on the court.

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