



The Working Parents' Companion (National Childbirth Trust Guides)

Teresa Wilson

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This text, designed with fact boxes and case studies, aims to ensure new working parents that their children are in safe hands and they are making sound choices when considering their childcare provisions. Topics covered include: childcare - finding and keeping a nanny; au pairs and mother's help; creches and nurseries; working and breastfeeding; the family finances; emotional issues such as guilt; and single parenting and support.

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