



Passing the Guard: Brazilian Jiu-Jitsu Details and Techniques (Revised and Expanded Second Edition)

Ed Beneville, Tim Cartmell

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This second edition is a must have for owners of the first edition and fulfills the continuing demand for the out of print original. Devoted exclusively to the range of skills needed for passing the guard, the second edition includes over 60 guard passing techniques, plus submissions, submission counters, and drills. In the Grappling Arts Publications' style that revolutionized the way martial arts books are made, techniques are shown from multiple angles, key points are illustrated, and photo sequences are laid out in intuitive, easy to follow patterns. Text supplements the photos and provides insights on application, timing, and strategy.

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