



Amazing Recovery Journal

Sarah W.

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Amazing Recovery is designed for people of all faiths in 12-step recovery.

"I've learned that no matter how long you've been in recovery, **journaling can help clear your thinking and focus your goals.** Look inside... naturally you'll find plenty of space to write; but Amazing Recovery will help you dig deeper with quotes and questions that inspire you to express yourself.

The happiest people I know in recovery remain grateful. **Journaling helps us remember where we've been and document our progress in recovery.** When we focus on the solution, we gain the insight needed for lasting peace and sobriety. This is my sincere wish for you." Sarah W., a grateful member of Alcoholics Anonymous.

Amazing Recovery is a wonderful tool for newcomers and sponsors. Makes a great gift!

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