

## Uncover The Missing Peace: How to Dissolve Resentment and Avoid Anger

Dr. Lewis C. Baskins, Burma James, Brian Scott Baskins



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### **Uncover The Missing Peace: How to Dissolve Resentment and Avoid Anger** Dr. Lewis C. Baskins, Burma James, Brian Scott Baskins

Uncover the Missing Peace was written to assist individuals in awakening to the realization of their spiritual oneness with the universe. As this realization dawns within the consciousness of an ever-increasing number of people, a ripple- effect will go out to make life experiences more fulfilling without clash or discord of any kind between individuals, nations, races and religions. This book encourages the readers not to be anxious about the future, to release the past, and live consciously in the eternal now, regardless of the customs and traditions of the world. The innocence of now is always open to a transformation of consciousness of individual awakening to one's true spiritual identity. This book shows one how to cease passing judgement on others, thereby nullifying resentment, avoiding anger and violence. To know this truth is the only solution to human conflict and problems. The plastic sheath of belief which covers truth will disappear in the light of knowing truth which makes one free of the mass hypnosis of the human state of consciousness. This book offers insight on how to acquire and maintain peace, harmony and joy in the life experiences of its readers by learning to crucify and die to the personal sense of self and be reborn in the realization of one's true identity, a spiritual being.

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