



# Home Remedies

*Otto Wolff*

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# Home Remedies

*Otto Wolff*

## **Home Remedies** Otto Wolff

Here is a book you will turn to again and again for practical advice on how to deal with health problems by using natural methods. In direct language, this book describes herbal and homeopathic remedies and shows how they can be used in your home.

Conventional drugs are plentiful -- from painkillers to laxatives -- and such treatments are sometimes necessary to relieve symptoms. Dr. Wolff approaches treatment with methods to resolve the illness rather than suppress the symptoms. This kind of treatment activates the whole body and its inherent powers to heal itself.

You will find sections on asthma, fever, skin conditions, migraine, arthritis, and diabetes. There are suggestions for stocking your medicine chest, along with a convenient index to quickly locate a specific ailment.

This useful book helps you take an active role in your own health and well-being.

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