

# The Successful Single Mother: Proven Strategies For Creating An Incredible Lifestyle For You And Your Children

Ms. Lisa M. Rigas

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A Must Read For All Single Mothers! Are you a single mother and lie awake at night wishing you could have a better quality of life? Do you struggle everyday to balance your career, kids, and finances? Are you forced to depend on others for help? Do you feel guilty and wish you had more time and energy to spend with your kids? Has your health taken a backseat due to stress, exhaustion, and lack of self esteem? Discover the biggest secret to setting yourself up for success as a single mother. Create more quality time, look better, and have more energy than ever before. Become a magnet to new opportunities and create the financial security you need to independently make your dreams a reality. Author, speaker, expert Lisa Rigas shares her empowering journey from struggle to success as a single parent. Her transparent and heartfelt stories ring true for many single mothers across the world. Lisa is so passionate about helping other single mothers become the person they were truly meant to be. "Motivating and Inspiring! Very inspiring and a great tool for anyone finding themselves looking for help! Sharing real life experiences and how to work past the difficulties." Michelle Leonard, Chicago, IL "Work At Home Moms Need This! As a single work at home mom, I found many useful bits of info in this book. It is also full of great resources on how to maintain good health while trying to balance being a mom and a businesswoman." "Very Helpful Book! What a fantastic book!! It is full of actual tools and lessons' to help anyone find their strength in single parenting and find their sense of self again. Very balanced and truly motivating!" -Jennifer Niethammer, San Diego, CA Your book is eye opening! "Lisa your book inspired me to realize I need to be more present with my own kids. What valuable tips you share and they can be applied to others across the world. Thank you for sharing it with me." Riza B., Indonesia

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