



# **My Life with a Wounded Warrior: Essays by Pamela Foster**

*Pamela Foster*

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## **My Life with a Wounded Warrior: Essays by Pamela Foster** Pamela Foster

When night falls on another Veterans Day, when the leftover chicken waits in plastic tubs for a quick breakfast the next morning, and the confetti is swept from the streets, and the flags are folded in tight triangles; when the holiday ends, most of us get on with our lives. But for those warriors who carried an M14 along a jungle trail, who patrolled the streets of Fullujah or Bagdad, who developed the skills to survive and return to us, for those combat-seasoned men and women, life does not exactly just go on. My Life with a Wounded Warrior is the true story of the joys, challenges, and lessons of living with Post Traumatic Stress Disorder, or PTSD. This collection of deeply honest personal essays shares Pamela Foster's twenty-five years of living with and loving a combat Marine, a veteran of Vietnam. With humor and love and respect, as well as with frustration and anger and sadness, Foster lifts the curtain on the true cost, the individual cost of war, and gives hope and joy and laughter to those who love their own wounded warrior. The author will donate \$3 from the sale of each book to Freedom Dogs, an organization which provides PTSD service dogs to combat veterans.

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