



Zulu Shaman: Dreams, Prophecies, and Mysteries (Song of the Stars)

Vusamazulu Credo Mutwa

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Offers a rare view into the world of a Zulu shaman

- Includes 14 Zulu myths as told by a traditional Zulu story keeper
- Reveals Zulu shamanic practices, including healing techniques, dreamwork, oracles, prophecy, and interactions with star beings

In this rare window into Zulu mysticism, Vusamazulu Credo Mutwa breaks the bonds of traditional silence to share his personal experiences as a *sangoma*—a Zulu shaman. Set against the backdrop of post-colonial South Africa, *Zulu Shaman* relays the first-person accounts of an African healer and reveals the cosmology of the Zulu.

Mutwa begins with the compelling story of his personal journey as an English-trained Christian schoolteacher who receives a calling to follow in his grandfather's footsteps as a shaman and keeper of folklore. He then tells the stories of his ancestors, including creation myths; how evil came to the world; the adventures of the trickster god Kintu; and Zulu relations with the "fiery visitors," whom he likens to extraterrestrials. In an attempt to preserve the knowledge of his ancestors and encourage his vision of a world united in peace and harmony, Mutwa also shares previously guarded secrets of Zulu healing and spiritual practices: including the curing power of the *sangoma* and the psychic powers of his people.

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