

Tennis for Humans: Winning Hints, Tips, and Strategies for the Competitive Club Level Player

Richard B. Myers

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Written by one of the world's most respected tennis instructors, this helpful instructional guide helps any tennis player, regardless of skill level, become as court savvy as the pros. Containing dozens of tips, hints, reminders, suggestions, and strategies, readers will become smarter and all around better tennis players. Unlike most tennis help manuals, this guide is not bogged down with diagrams and confusing figures but rather filled with straightforward and helpful guidance. The in-depth information on each page will help athletes play smarter tennis with instant results.



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