

Adult Coloring Journal: Survivors of Incest Anonymous (Mythical Illustrations, Simple Flowers)

Courtney Wegner



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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Matthew Waddell:

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Frank Johnson:

This Adult Coloring Journal: Survivors of Incest Anonymous (Mythical Illustrations, Simple Flowers) is great reserve for you because the content that is full of information for you who also always deal with world and get to make decision every minute. This specific book reveal it details accurately using great manage word or we can say no rambling sentences included. So if you are read this hurriedly you can have whole data in it. Doesn't mean it only gives you straight forward sentences but tricky core information with splendid delivering sentences. Having Adult Coloring Journal: Survivors of Incest Anonymous (Mythical Illustrations, Simple Flowers) in your hand like finding the world in your arm, information in it is not ridiculous one particular. We can say that no book that offer you world with ten or fifteen moment right but this reserve already do that. So , this is certainly good reading book. Hey there Mr. and Mrs. active do you still doubt which?

John Thornton:

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Gwendolyn Mullins:

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