



# How to Single Parent

*Fitzhugh Dodson*

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## **How to Single Parent** Fitzhugh Dodson

As a single parent, how do you concentrate on work when you know your toddler is crying in her day-care center and your adolescent is wreaking havoc in your home? How on earth will you ever meet someone new while you're juggling children, career, and home by yourself? How to Single Parent answers these questions and more. Dr. Fitzhugh Dodson explains everything from how to tell your children about the death or divorce of a parent to how to cope with separation shock and loneliness, from how to deal with custody and visitation to dating, sex and marriage. Each stage of a child's development is described, including a typical child's reaction to the stress of life in a single parent household during each phase, and how to rid yourself of guilt and put priorities in the right place, including yourself.

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Playing with family in a park, coming to see the marine world or hanging out with buddies is thing that usually you have done when you have spare time, subsequently why you don't try issue that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love How to Single Parent, you are able to enjoy both. It is good combination right, you still wish to miss it? What kind of hangout type is it? Oh come on its mind hangout people. What? Still don't obtain it, oh come on its named reading friends.

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